



ENJOY REGULAR VISITS FROM YOUR BEFRIENDER

Do you find it difficult to get out and socialise? Our team of volunteer befrienders are ready to meet you and share interests over a cup of tea.

Patrick enjoys walks along the river with Dennis who values the opportunity to get out and enjoy nature.



FRIENDSHIP OVER THE PHONE

Our team of telephone befrienders are standing by to add you to the list of people we call on a daily/weekly basis. It's good to have a chat. We'll brighten up your day and share news and views.



THE MEN'S CLUB

We now have a men's club with activities and outings especially tailored to men and many trips and workshops are at the request of members. The Club is open to men living in Teddington & The Hamptons. Call 020 8979 9662 to join. The club is on Tuesday afternoons at The Greenwood Centre. Transport is available.



LADIES SOCIAL GROUP

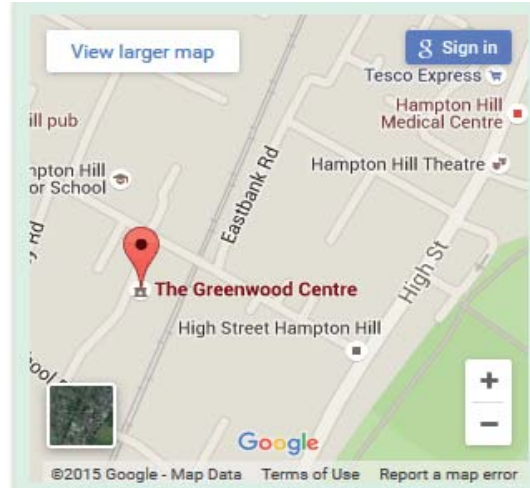
Will and Way is a group of ladies which meets every Tuesday at The Greenwood Centre. They enjoy afternoon tea and craftwork. They also go on outings to places of interest and invite speakers to attend some of their meetings. They are always looking to welcome new members. This picture shows them making bunting for the Queen's Birthday celebration event.





ALL TOGETHER NOW

We have regular themed events for everyone to come together and join in the fun. Recently, we organised a day to celebrate the Queen's 90th Birthday. The bunting was made for us by 5th Teddington Methodist Guides and Pauline, our befriending co-ordinator, organised fish and chips and strawberries and cream. We had a raffle, quiz and a guest speaker, Peter, a retired barrister entertained us with amusing anecdotes.



THE GREENWOOD CENTRE

Hampton & Hampton Hill Voluntary Care
1a School Road, Hampton Hill,
TW12 1QL

Opening hours: Monday - Friday
from 9.00am to 4.30pm

Telephone 020 8979 9662
www.greenwoodcentre.co.uk



Hampton & Hampton Hill Voluntary Care

THE LOCAL CHARITY FOR LOCAL PEOPLE

Charity Number 1140070



YOU'VE GOT A FRIEND

With a little support from our team of volunteer befrienders. Join our men's club or ladies social circle