



## LIVE LIFE TO THE FULL

You have a positive, outgoing approach to life and are always ready to take up new interests, make new friends and visit new places.

## THE GREENWOOD CENTRE

Staff and volunteers are committed to helping you get out in a comfortable, hassle free and inexpensive way.

Our accessible community transport project in partnership with Richmond & Kingston Accessible Transport (Rukat), opens up new social, educational and recreational opportunities for you to explore and enjoy.

## EASY...CONVENIENT... AFFORDABLE

### LIFTS FROM OUR VOLUNTEER DRIVERS

Taking you to and from the doctor, dentist, chiropodist, hairdresser and many other appointments or just to meet friends.

### DOOR – TO –STORE SHOPPING MINIBUS

Four trips a week to Sainsbury's, Hampton. You will be collected from your home at a pre-arranged time. An escort will see you safely round the store and help you with your shopping when you get back home.

### DAY CENTRE VISITS

By minibus to Elleray Hall, Linden Hall and Homelink (St. Augustine's). Your chance to socialise, have a meal and join in the activities on offer.

## BUS YOU CAN BANK ON

The monthly minibus with escort takes you to Barclays and Lloyds Banks in Whitton, enables you to carry out your transactions comfortably and securely.

## OUT AND ABOUT

A busy and interesting programme of outings and excursions to pub lunches, garden centres, the seaside and many other attractions. Ring 020 8979 9662 for a list.

## MENS CLUB

We now have a men's club with activities and outings especially tailored to men and many trips and workshops are at the request of members. The Club is open to men living in Teddington & The Hamptons. Call 020 8979 9662 to join.



Lifts from volunteer car drivers

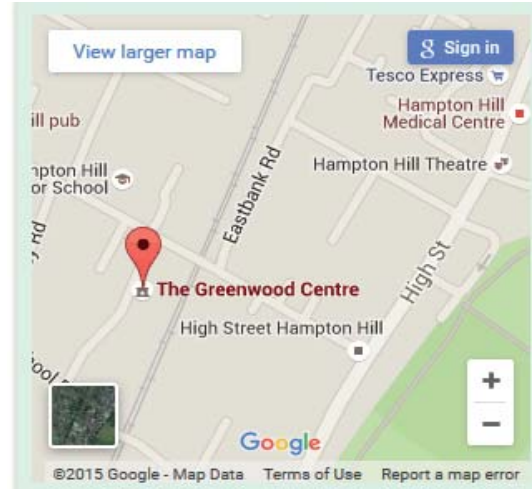
Four times a week shopping minibus and visits to day centres

Full programme of minibus outings and excursions

Monthly banking minibus

Lifts to events at The Greenwood Centre

Newly formed Mens Club



## THE GREENWOOD CENTRE

Hampton & Hampton Hill Voluntary Care  
1a School Road, Hampton Hill,  
TW12 1QL

Opening hours: Monday - Friday  
from 9.00am to 4.30pm

Telephone 020 8979 9662  
[www.greenwoodecentre.co.uk](http://www.greenwoodecentre.co.uk)



TW12



## ACTIVE AND INDEPENDENT

With a little help from our team of volunteer car and minibus drivers and escorts



Hampton & Hampton Hill Voluntary Care

THE LOCAL CHARITY FOR LOCAL PEOPLE

Charity Number 1140070